

Hooded Cape Guide Adult Size for the "In Their Shoes" Method

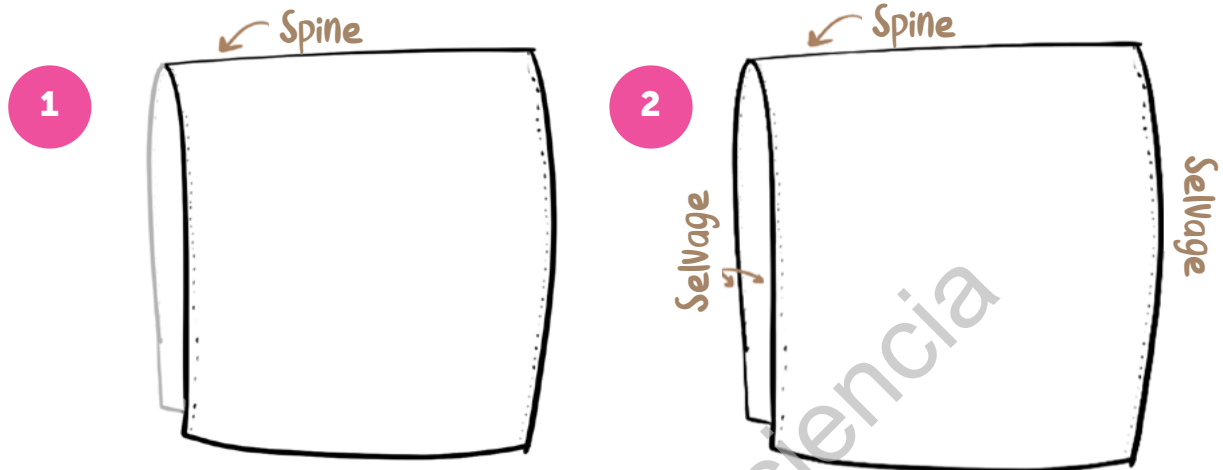
Made by Clara Fernández-Bermejo César

MATERIALS NEEDED:

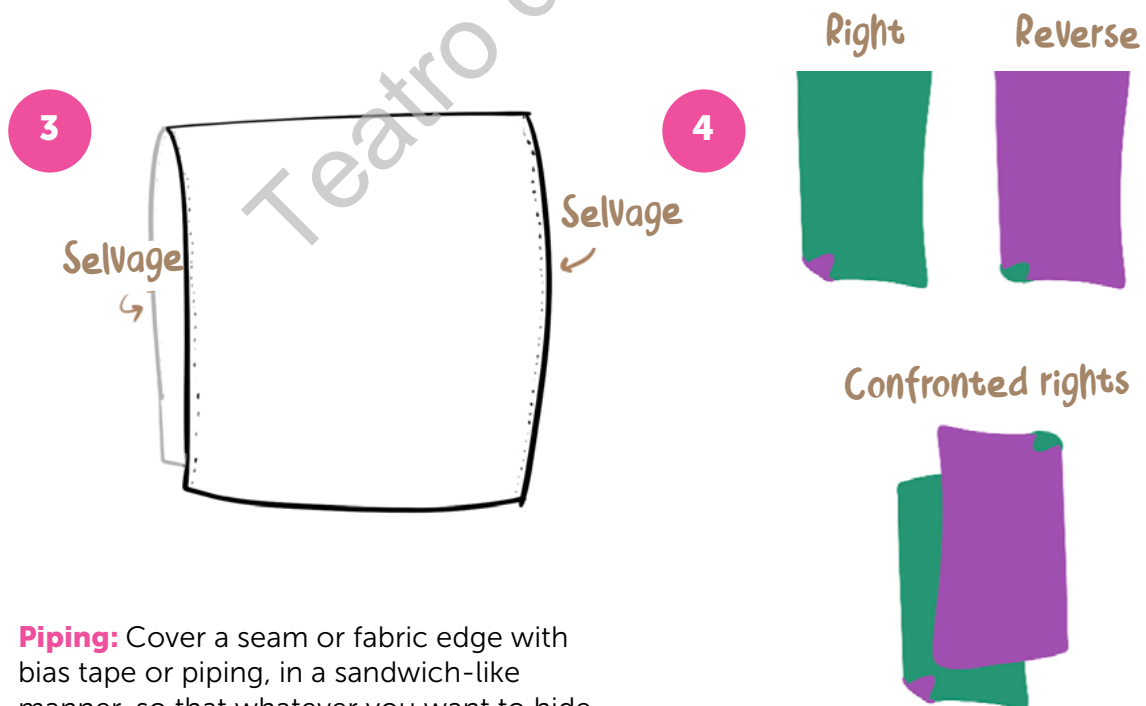
- 3,10 meters of the fabric you fancy in black, preferably a polyester-wool twill fabric
- 2 meters of black grosgrain ribbon, 4 cm wide
- Measuring tape
- Soapstone or textile marker.
- Pins
- Scissors
- Sewing machine
- Large square ruler
- A2-sized sheet of paper
- Black sewing thread
- **Optional:** 70 cm of black bias tape or trim (pre-folded, 2 cm wide). This is not mandatory; overlocking can be used instead for the hood's interior finish.
- **Optional:** 8,5 meters of black bias tape or trim (pre-folded, 2 cm wide). This is not mandatory; a simple hem can be used instead for the cape's edge finish.

BEFORE WE BEGIN... let's clarify some concepts:

- **Spine:** The part where the fabric folds, so the pattern we cut on that side will come out doubled and continuous, without the need for stitching.



- **Selvage:** The edges of the fabric, which mark the width of the fabric. The direction of the selvage indicates the grain of the fabric.
- **Right sides together:** Position or join two fabrics with their "right" sides facing each other.



- **Piping:** Cover a seam or fabric edge with bias tape or piping, in a sandwich-like manner, so that whatever you want to hide is enclosed in the middle of the piping.

PROCESS

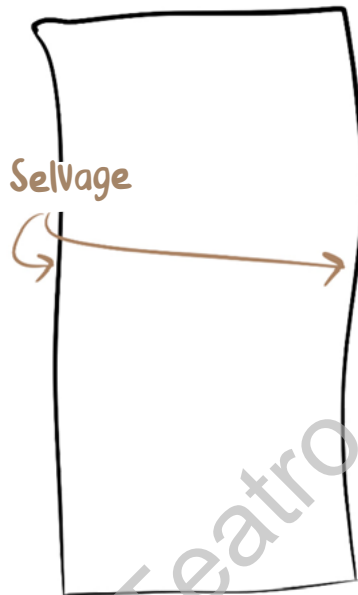
1. CUTTING

(Clarification: In this process, we will first mark all the measurements, both for the cape and the hood, and the last step will be to cut everything.)

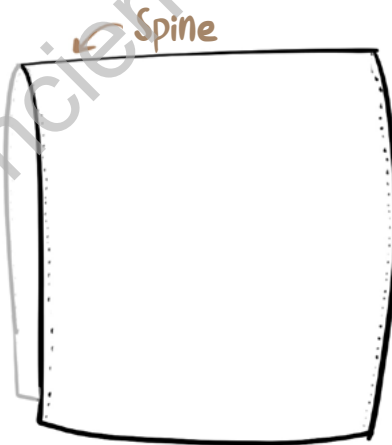
- Fold the fabric in half, joining the edges, parallel to each other, so that we get the following image.

The right side of the fabric will be inside, so we will be looking at the fabric from the reverse side to mark and cut.

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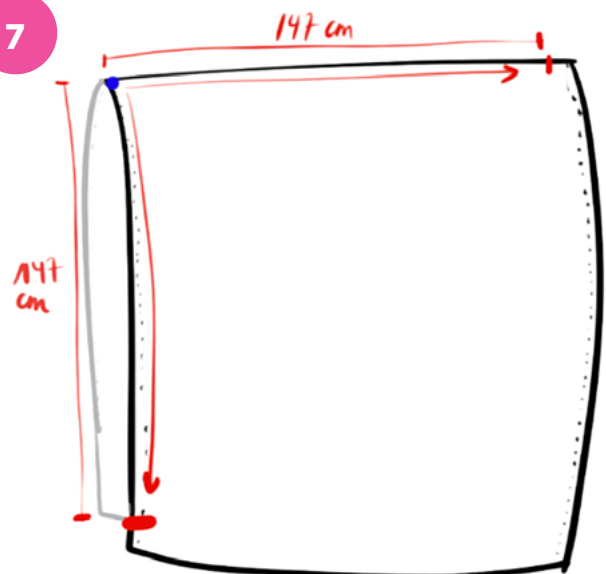


- Mark the measurements on the fabric as follows:

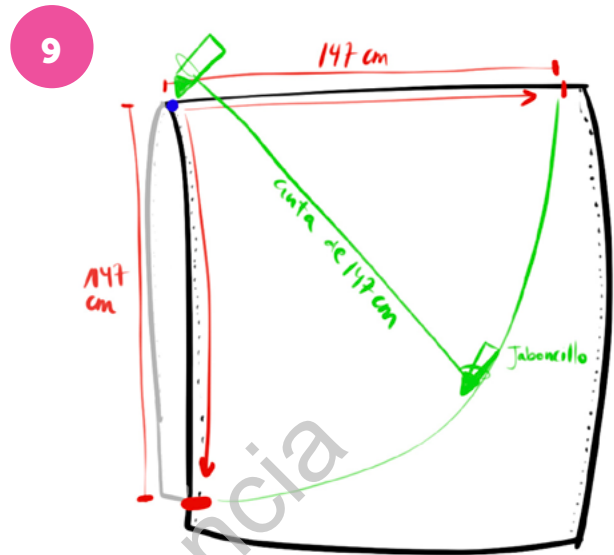
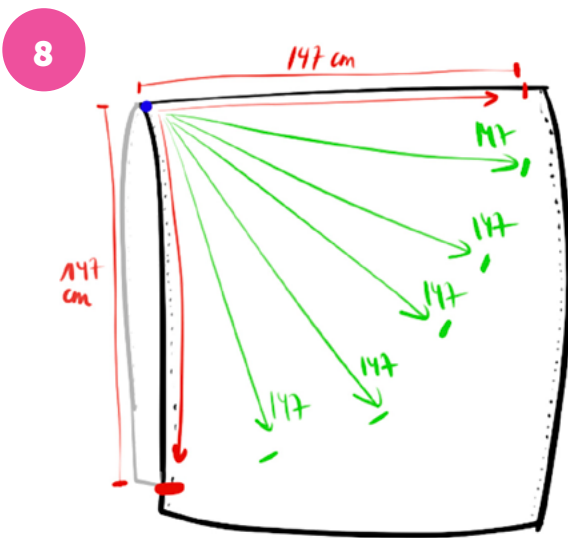
✓ CAPE:

Using a measuring tape, mark 147 cm from the corner or vertex (blue point) along both the horizontal and vertical lines. Try to avoid the edge if necessary.

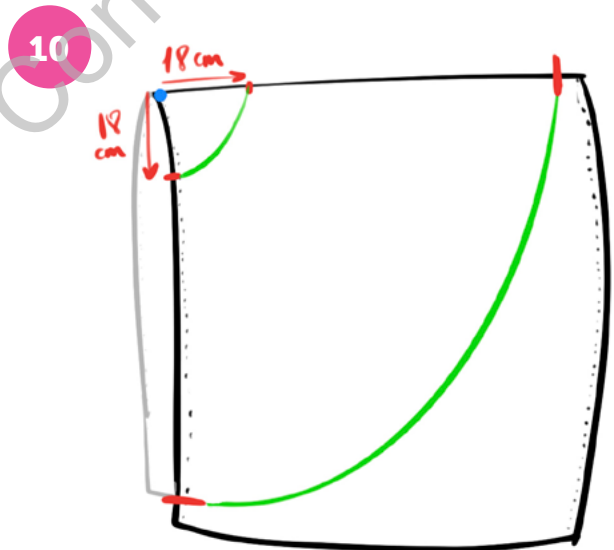
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Make several marks along the fabric at that same measurement to create a quarter-circle. You can also use a "compass" made by hand, tying a ribbon or thick thread to a pencil that you hold at the vertex, and tying another pencil or fabric pen at 147 cm from the first pencil to mark the desired curve for the cape.



Neckline: To mark the curved neckline of the cape, we will follow the same procedure but with a different measurement, in this case 18 cm.



✓ HOOD:

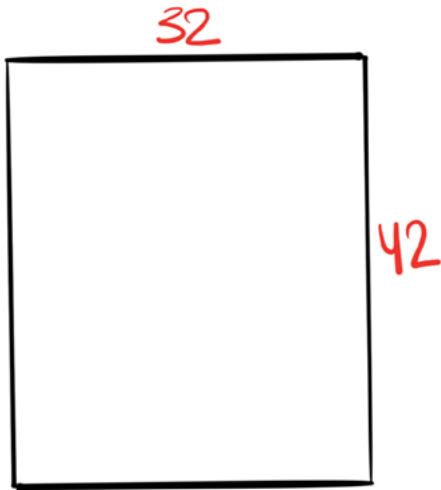
With the fabric folded, we will mark the pattern for half of the hood, as we will get two equal parts that we will later sew together.

We will first make the pattern on paper before transferring it to the fabric, in order to make the best use of the fabric.

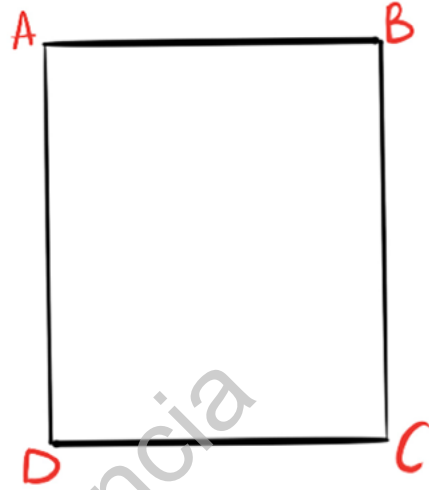
For this, we will need continuous paper or an A2-sized sheet of paper.

We will start with a rectangle that is 42 cm by 32 cm, which we will create using a square ruler.

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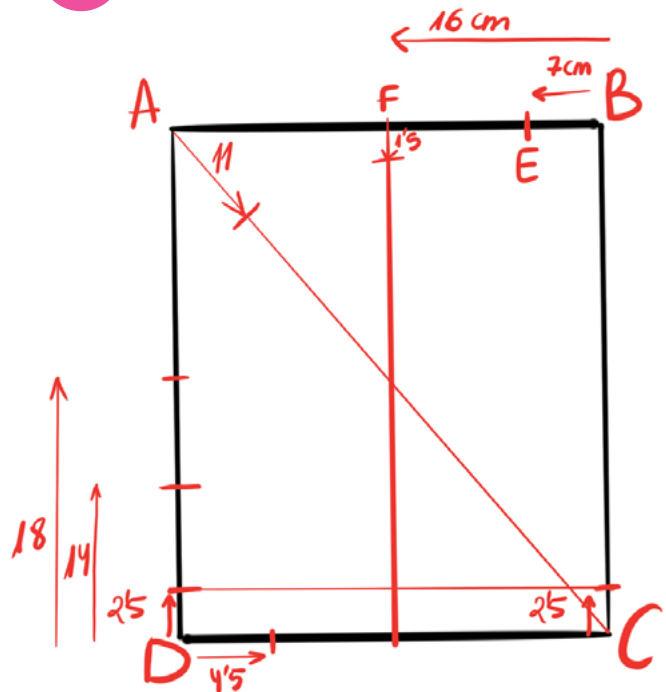


Once we have the rectangle, we will make a series of marks that will serve as guides for drawing the shape of the hood.

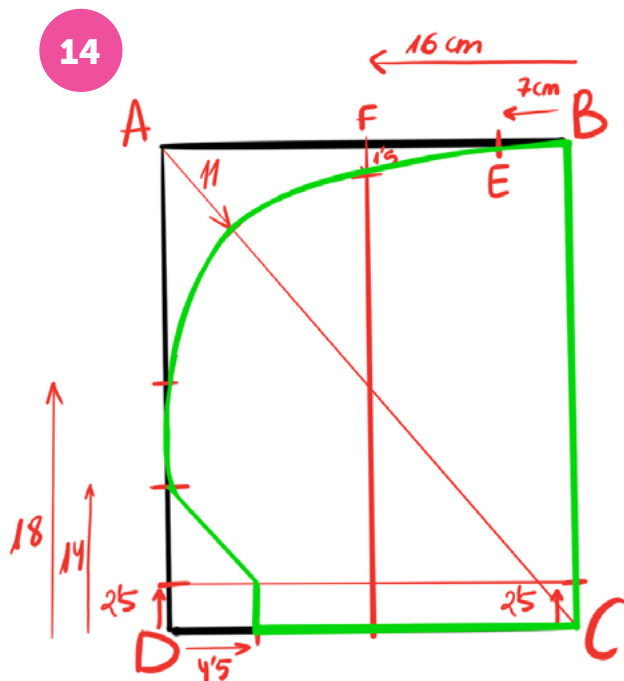
We can observe the explanatory image where all the measurements that we need to mark are shown.

- First, we mark the diagonal from A to C and make a mark 11 cm from A.
- Mark the middle of the rectangle, measuring 16 cm from B towards A, obtaining point F.
- From F, along this line, make a mark 1.5 cm downward.
- Mark point E starting from B, measuring 7 cm to the left.
- Mark 2.5 cm both from D towards A and from C towards B, and then connect them.
- From D to C, make a mark 4.5 cm.
- From D to A, we will make the last two marks: one at 14 cm and the other at 18 cm.

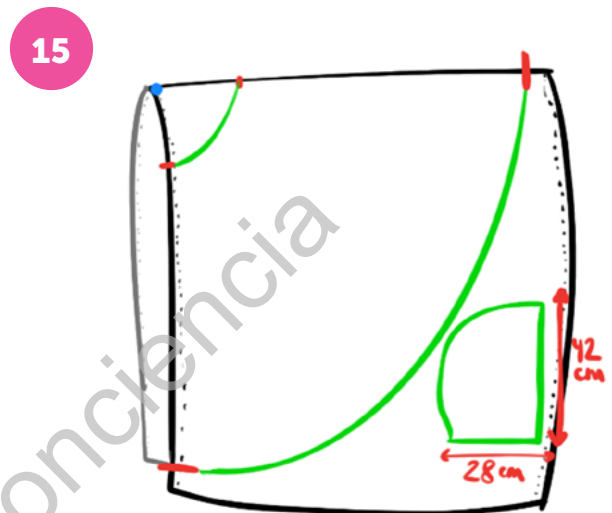
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Once we have made all the necessary marks, we proceed to trace the outline of the half-hood pattern, taking into account the curved parts.

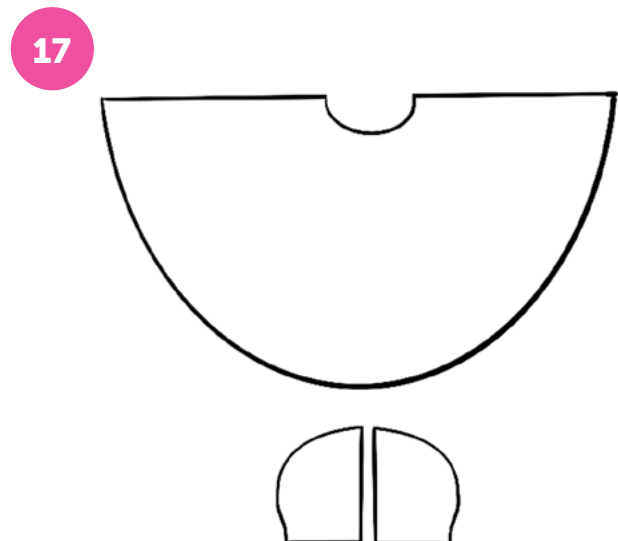
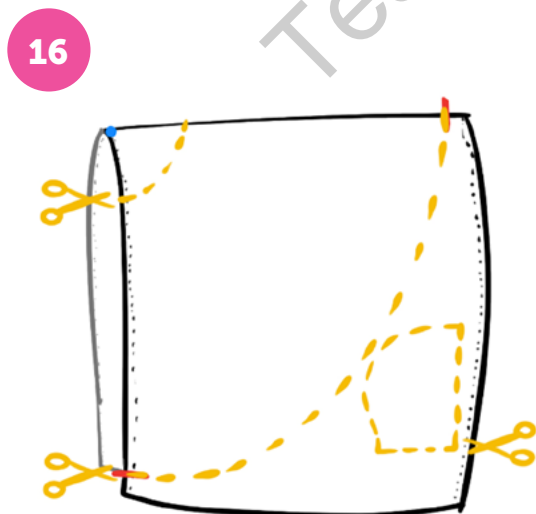


Once the pattern is complete, we cut out the outline of the hood, in this case, the green outline, and transfer it to the fabric, aligning it as closely as possible with the cape's marking to maximize the use of the fabric, ensuring that we are positioning it along the grain. This means that the 42 cm straight side should be positioned parallel to the selvage, but avoiding it as seen in the following image.



Once the hood and cape have been marked on the fabric, we proceed to cut them.

We have obtained the following pieces



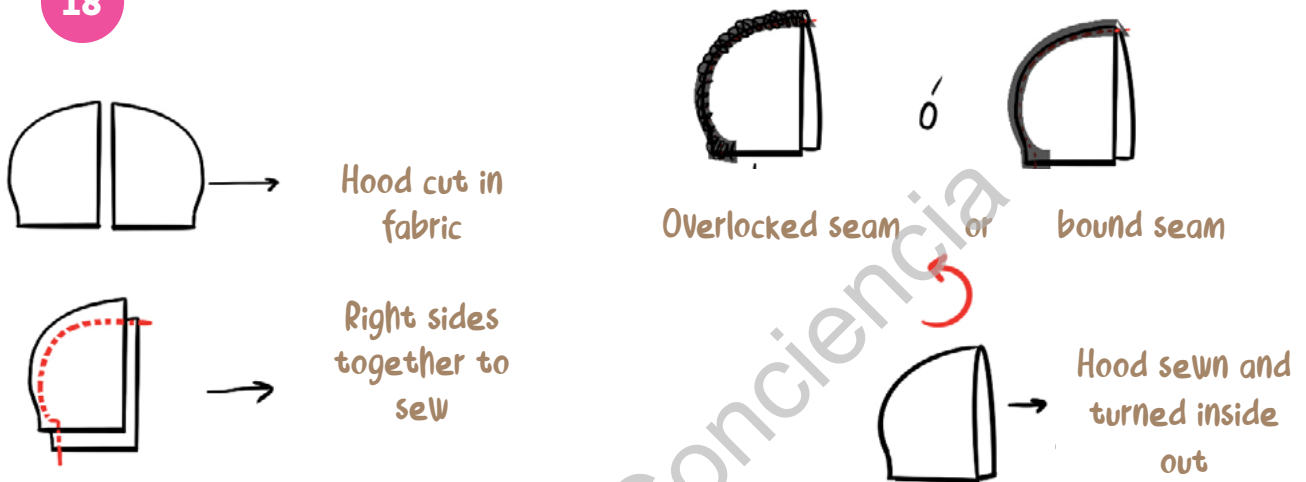
2. SEWING

- Sew the two parts of the hood together as follows:

Place the right sides together, leaving a 1 cm seam allowance.

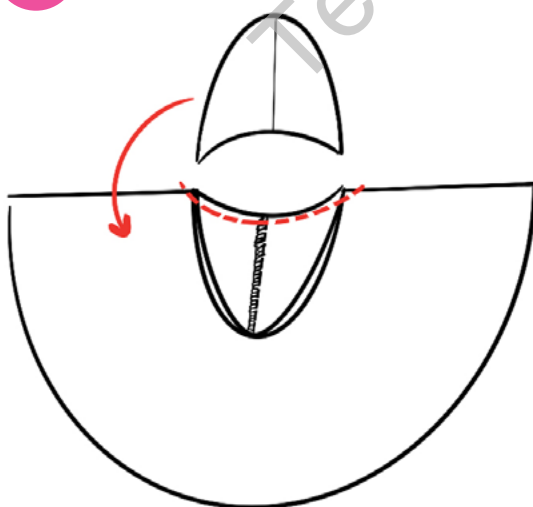
To hide the seam, we can either bind the seam (sew a bias tape over it) or overlock it if you prefer.

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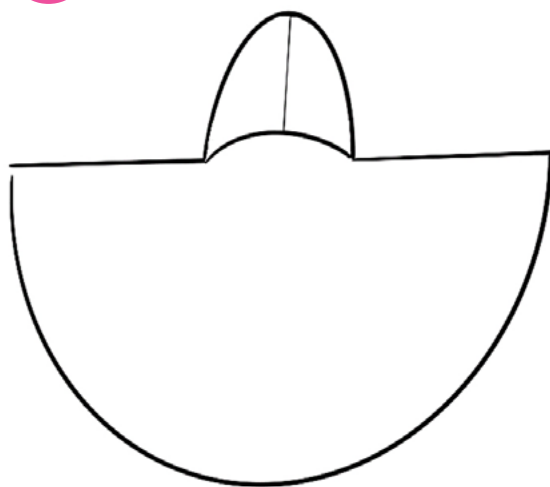
- Sew the hood to the cape, placing the right sides of the fabric together.

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Right sides together
-exterior view of the cape-

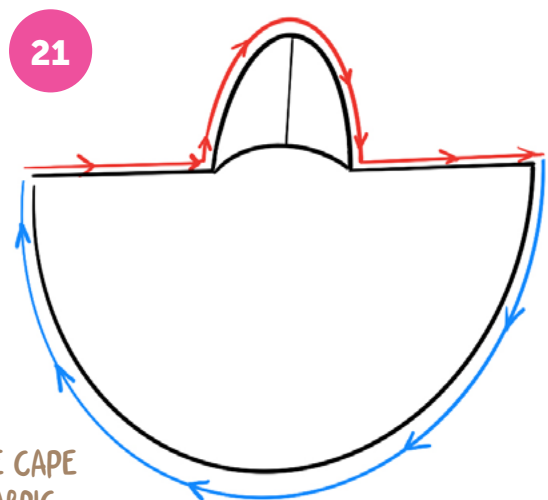
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Cape and hood sewn together
-exterior view of the cape-

- To finish the cape, finish the edges as you prefer, either by making a simple hem all around the edge or by binding, i.e., sewing the bias tape all around the edge. The order would be: side of the cape - hood edge - side of the cape, and finally, the hem, as shown in the drawing, first following the red line and then the blue line.

EXTERIOR VIEW OF THE CAPE
-RIGHT SIDE OF THE FABRIC-

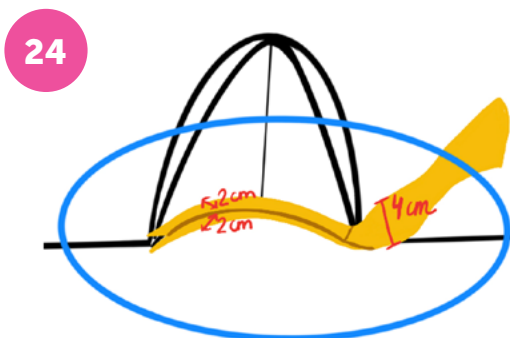
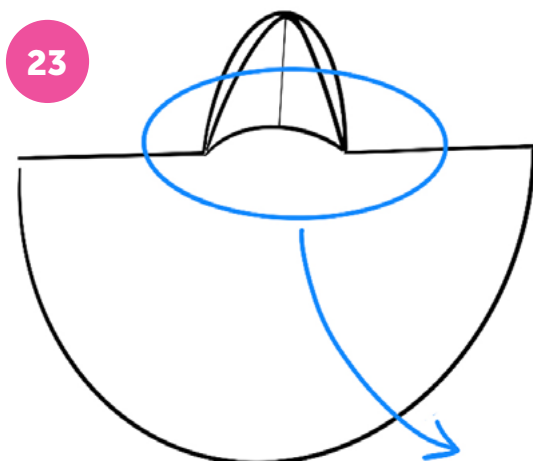
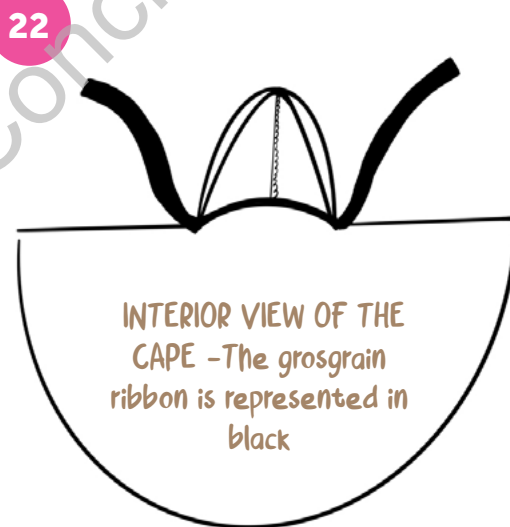


- Finally, we add the grosgrain ribbon to fasten the cape, passing it around the neckline (we finish the neckline while also including the ribbons to fasten the cape).

That is, we sew the ribbon inside the cape, so that we are hiding the seam resulting from joining the hood and the cape together.

In this way, on the inside, we will have a 2 cm wide folded ribbon, and following it, the two ribbons that extend outward, 4 cm wide, which we use to fasten the cape.

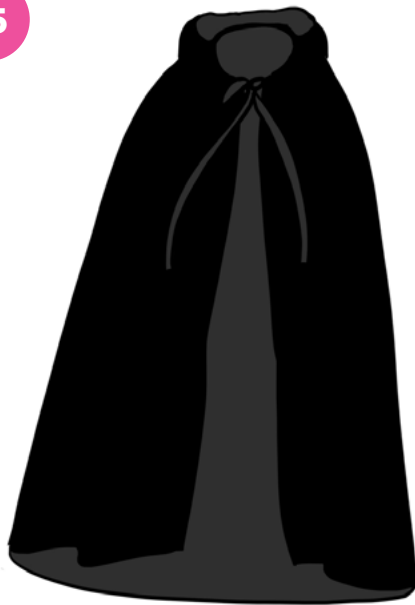
We can see this in the following drawings:



ZOOM. The grosgrain ribbon is represented in yellow -although the actual one is black-

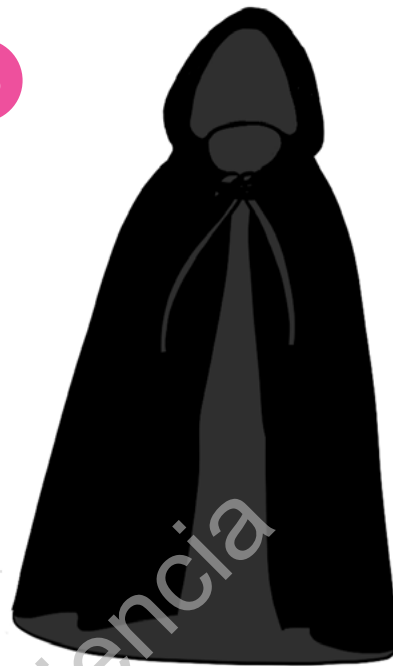
Now our cape is ready!

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FINISHED CAPE. FRONT VIEW.
HOOD DOWN

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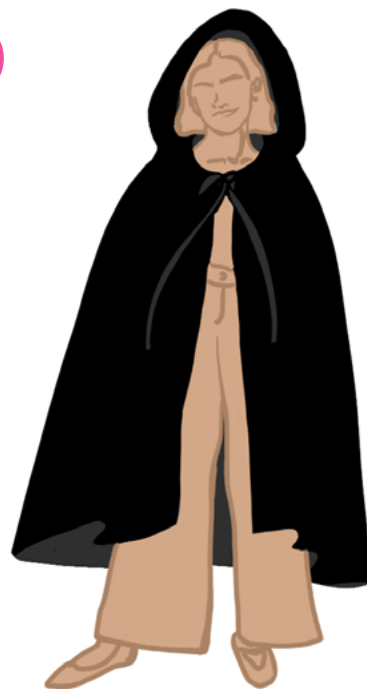
FINISHED CAPE. FRONT VIEW.
HOOD UP

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FINISHED CAPE. SIDE VIEW.
HOOD UP

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FINISHED CAPE. FRONT VIEW.
CHILD

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